



● Dr Sanjay Aher

principal patients of neonatologists are newborn infants who are ill or requiring special medical care due to prematurity, low birth weight, intrauterine growth retardation, congenital malformations (birth defects), sepsis, or birth asphyxias.

Dr Aher comes from a very modest family from Chandori Village near Niphad. He completed his MBBS and MD from the renowned B J Medical College, Pune and DM in Neonatology from KEM Hospital, Mumbai. "It was a very big thing for everyone in my village when I

went to Canada for my higher education. My parents were very proud of me", he remembers. His decision of staying in Nashik has a lot to do with his social point of view. He says, "Brain Drain is a very big problem for our country. I had offers from Australia and Canada but I decided to stay here because we need good doctors in our country as well."

Dr Aher is practicing as a Neonatologist in Nashik since last four years and he has successfully treated more than one thousand critically ill neonates.

(NICU) for better care and outcome of these babies depends on how they are shifted during this critical period. So we use this ambulance, which has ultra-modern equipments like Transport Incubator, Transport Ventilator, Multipara Monitors, Syringe Pumps, Oxygen, Suction machine and Inverter." It was Dr Aher who started the first van of this kind in and around Nashik City and also in North Maharashtra.

The infant mortality has reduced considerably from the previous results. Dr Aher says, "This branch of medicine is developing rapidly. There are good prospects in this field. It is a very challenging field. As doctors, we are trying to decrease it even further."

Telling about challenges in his profession, Dr Aher says, "Small babies cannot tell what their problem is. So the diagnosis is very difficult. They have only one way of telling and that is crying. We have to be extra careful because of that. After all it is a baby with whom you are dealing." Apart from this there is a lot of pressure from the families of the babies as well. "The parents expect a lot from us. Every baby is precious. Nowadays the trend of nuclear families is changing the family planning to one child every couple. So this child is the apple of everyone's eye. There is a lot of pressure on us because of this", he adds.

Despite the hectic schedule of the day Dr Aher makes it a point to pursue his hobby of swimming regularly. "I also enjoy reading in free time and I love travelling. Exploring new restaurants in town is another things I religiously follow." The difficulties, hard work and pressures have a very sweet end in Dr Aher's eye. "It gives me immense happiness and satisfaction when the parents become happy after seeing their baby healthy. They even call me up on festivals and other occasions just to say that they are thankful. All's well that ends well", he concludes.

There are doctors for everyone right from children to senior citizens. Dr Sanjay Aher likes treating some more special patients and they are the new born babies...

## For the little hearts

**D**r Sanjay Aher's Neocare hospital has one beholding sight. There are various posters of healthy and happy babies all around the hospital, his cabin as well as the desktop of his computer. Dr Sanjay Aher, DM in neonatology, is the man who gives a new ray of hope to the premature and low birth babies in his technologically advanced hospital. Neonatology is a sub-specialty of pediatrics that consists of the medical care of newborn infants, especially the ill or premature newborn infant. The

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Dr Aher's Neocare is a very special place designed to serve the unique healthcare needs of babies in a warm, caring and family-centred environment. "We have imported world class technology for the children here. The kinds of machines, which I used in London, have been brought here for better childcare. Moreover, we have a trained staff of nurses from Kerala. The credit of my every success goes to the excellent team I work with", he says.

Lately he has started a special ambulance for small babies. Informing more about that he says, "Premature and low birth babies need to be shifted to Neonatal Intensive Care Units

### Dr. Sanjay Aher

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Ophthalmologist

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